

Secret Of Becoming Rich

by

Edward James



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In this concise book I am going to share the techniques that have the ability to change your life forever if you use them correctly, they have worked for hundreds of thousands of successful people who have achieved great success and after reading this I hope you will be the next.

Do you want the life you desire?

Do you want to be rich?

Simply follow the techniques outlined in this book and you can have everything you want and more, every single person who uses this system has become rich, without doubt it is the greatest “secret” in the world!

I am going to slightly touch on the “secret” to becoming rich in a recession or any economy good or bad... it all starts with the following...

“YOU MUST BE RICH IN YOUR THOUGHTS BEFORE YOU CAN MANIFEST MATERIAL RICHES!”

You MUST understand rich thoughts produce a richer and much more positive outcome in your life... I will be delving a little deeper into this a little later...

Next I would like to offer you a very warm welcome, I am now going to explain a little of why I had to write this.

I was busily making myself a very nice income selling a special type of product online while my friends were asking questions like...

“How are you making the sort of money you are in a recession?”

“The politicians are telling us that the global climate is in turmoil, how are you making all this cash?”

Well first of all, forget listening to the “money men” and politicians, it’s mainly their fault why the world is in chaos and they haven’t a clue what to do, that is why they’re blaming you!

While they’re telling you the world’s financial markets are melting down people get scared, it’s like some conspiracy that governments are using to scare the general population.

You only have to look at the people who run countries, can they afford to pay their bills and mortgages, yes of course... and plenty besides, while the general public, the very people the "experts" are supposed to be looking after struggle!

So before we go any further, forget the people who tell you that you can't have what you want even if they are your closest friends, start believing the good will come to you and you're on the right path.

Do You Think You Are Doomed To Failure?

Millions of people all over the world believe they are...

WHY?

Well the simple explanation is...

It is easier to be a failure than a success, this may seem a bit harsh to say but think about it, how many sceptical millionaires have you met?

Personally I have never met one, I have met hundreds of millionaires all over the world, and these people are not life's losers.

To understand this you must realise that the subconscious mind works on your own thought processes, for example, a negative thought will translate into the physical equivalent just as a positive thought will do exactly the same, so you must try to keep positive thoughts in your mind as long as possible.

Millions upon millions of bright and intelligent human beings believe themselves to be doomed to failure, when things in their life go wrong they believe there is some mysterious power making things go wrong for them.

Actually they will be bringing most of this upon themselves by the negative thought processes they are thinking. The majority of the time this is transferred into the subconscious mind, which in time comes into the physical equivalent.

Negative thought processes can damage you; positive thought processes can help you, so if you have a desire for anything in life use the positive thought technique which we will go into in further depth later on.

It is essential to your well being to encourage the positive thought processes as the most dominant force in your mind and keep trying your utmost to discourage any negative influences.

Do You Suffer From Bad Luck?

Negative thoughts can and will bring about “bad luck” the subconscious mind is one of the most powerful tools you have under your own command; it is so powerful that it rules the things that we do without us consciously knowing.

If enough negative influences are placed on our subconscious mind it will react in a negative way which in turn will consciously make you make the wrong moves.

You must have belief and faith in yourself to turn things that happen in our everyday lives into positive thoughts, your subconscious can be your best friend working with you to enhance your life if you treat it the right way and give it the respect it deserves.

It can also be your worst enemy if you treat it with disrespect, you cannot expect your subconscious to do the right thing by you if you fill it full of rubbish.

Give your subconscious nice things to think about and lots of positive thoughts, these thought processes will eventually come through to enhance your life but please don't expect miracles overnight, if you have filled your subconscious with negative thought influences for years it will take a while to reverse this but it can and should be done.

Remember this phrase

**Positive Thoughts Will Help You Get To Where You Want
To Go Negative Thoughts Will Get You No - Where!**

Rich And Successful People In History

The vast majority of rich and successful men and women in history started their success story with a dream and a belief that one day they would achieve greatness in their chosen profession. If they didn't find absolute greatness then it was still going to be better than what they had started from.

These people were probably no cleverer than you or I, some may have been but some were definitely not, some could read and write and some of them could not, but it still didn't stop them achieving what they wanted in life, their belief in what they were doing shone through and made them successes.

They did not rely on luck to pull them through, it was their utmost belief in themselves, they first pictured in their mind what they desired in life as some people call it "THIER DREAM" then they kept the picture in their mind for long periods of time, during the day, before going to sleep at night and when they first woke up in the morning and never ever doubted themselves.

They tried their utmost to make this dream work by sacrificing their time and many struggling financially for quite some time until they achieved their ambition.

Successful Thoughts Breed Successful People!

Being Wealthy and Being Poor Are the Offspring of Thought Processes!

Inner Confidence - The Power Within....

What makes greatness?

This question has been pondered for generations and has been written about on numerous occasions, greatness is inside every human being within the subconscious mind....

DO NOT think of failing as failure....

Everyone makes mistakes, the ones that have achieved greatness have made more mistakes than most, they got through their failures until they succeeded.

Every great person who has ever lived started with a dream, a dream they believed in until it came true

Here are a few examples... Columbus, Cleopatra, Winston Churchill, Franklin D Roosevelt, Dwight D Eisenhower, Albert Einstein in fact there are just too many to mention but I think you get the picture...

As you'll find out soon this power can be used for evil as well as good, the same techniques were used by Hitler, Mussolini, Pol Pot and countless more dictators!

These people used the power within them and it is in every single one of us

If you are not after greatness but just well being, happiness or money your subconscious mind will find the solutions for you, if you let it....

I am going to share some very powerful techniques shortly that can help you get anything you desire in your life... ONLY if you use it... and NOT abuse it!

Here's a Very Important Question...

Have you ever wondered why making money is NOT taught naturally at school?

We'll think about it... the governments, politicians and experts DON'T want just ANYONE being able to make money...

If everyone was making money there would be...

- NO Doctors
- NO Nurses
- NO Police
- NO Army
- NO Workers
- NO _____

I think you get the idea...you can fill in the blanks.

So there you have it, only the "Chosen Few" get to experience the secrets of making money and the heights of success

This is the main reason 95% of the money made in the world is held by around 5% of the population, in fact there has never been a better time in the history of the world to be able to make money thanks to the invention of the internet.

ANYONE can make money and lots of it if you know *EXACTLY* what to do and HOW to do it.

Do you think you're as clever as Sir Richard Branson who is one of the richest people in the world...? YES or NO?

Well you may have answered NO to this question but did you know Sir Richard is Dyslexic...

Are you Dyslexic...? If not then you're one step ahead of Sir Richard when he first started or if you answered yes then you're starting out with the same capabilities...

Jay Leno and Whoopi Goldberg are both dyslexic and they've both had tremendous success in television and film... do you see where I'm going with this?

The differences between the types of people who succeed against all the odds and the ones that don't come down to ONE THING!

Frame Of Mind!

That's it... it's all there is to it...

I don't want to hear the pathetic excuses... I want to hear the solutions...

I don't want to listen to or associate with people who say...

"I have no money" (many millionaires started out with nothing)

"I'm not clever enough" (who says you aren't...only you!)

"I don't have any business contacts" (well make them)

Nothing can stop you succeeding except for the way you think... by listening to people who have nothing telling you that you won't succeed...

Don't listen to the idiots who've got nothing telling you about how to fail... they've already proved THEY are good at that, don't be another failure.

Always remain positive and take the points outlined in this book and use them so when you're driving your new car go and visit your friends who said you'll fail you'll be the one laughing, they'll probably still be in the same or worse position.

Believe You Can and You Will!

The power of belief is a key to success in everything we do. Whether your goal is to rise to the top of your profession or to be a better weekend golfer, you have a greater chance of success if you believe you'll be successful.

Learn how to control your negative thoughts. When your mind says you can't do something, refuse to listen to it. Don't express your negative thoughts in words; tell your mind - and say it out loud - that you're going to do what it takes to get the job done.

Human beings are unique because of our ability to change - to become more than what we are. But before we can change, we must be able to accept full responsibility for everything we do.

You must take action and take command of your life!

Always remind yourself of what Napoleon Hill said about waiting...

"Do Not Wait. The Time Will Never Be Just Right."

Riches Start With Thoughts!

Your daily thoughts are extremely important, to become rich and successful you must start thinking the way rich and successful people think...

Positive thinking can produce a positive outcome and you will see positive influences being attracted into your life, negativity only produces a negative income and you will find negative outcomes produced... sounds very simple doesn't it, well it is!

If you think about debt and focus on the bills all you will get is more of the same, however if you change your focus and start imagining the life you really desire your life will begin to change for the better.

Please don't be impatient with this exercise, there is a gestation period where you must be patient for the good things to manifest, the same can be seen with bad thought.

When people think about debt they don't go bankrupt tomorrow just as the same as riches will not necessarily come to you tomorrow, your thought patterns may have been bad for a long time so you must start re-programming your mind to gain the good and not the bad!

Any failure will be telling you thinking about something differently won't change anything...

So they are telling you that thinking won't change your life, they have thought themselves into being a failure and they are telling you it doesn't work... lol... go figure!

Don't Be A Whiner!

The pathetic whiners and moaners make me laugh, they moan about everything and somehow they expect life to give them a break.

I've heard all their pathetic excuses... I used to have friends who always said...

“The Rich Get Richer and the Poor Get Poorer!”

Yes correct... only because the rich think in a totally different way to the poor. If you're poor or just need more money simply start using the techniques as described in this book, they have worked for thousands of millionaires, inventors and business people.

My own life started to change when I began to focus on prosperity, I was deep in debt when I started to change the way I thought and within months my life had started to change completely.

Now I am not going to say this is easy and you will have off days, many millionaires have off days but their problems aren't money, if money is your problem or should I rather say the lack of it then by changing the way you think will start shifting the emotional charge you have when you think about money.

Our universe is energy and your body is one mass of energy so you attract the things you focus on, the more you worry and stress about debt the more emotional charge you give off which in turn attracts more of the debt...

How do you think about money?

Do you have sick feeling in the pit of your stomach when you think about debt?

Do your palms begin to sweat?

I know how you feel I've been there I know what its like to feel sick not being able to pay off debts and bills!

If this is how YOU feel right now start changing today, in fact right this minute, start focusing on what you really want and the lifestyle you want to become accustomed too!

Like Attracts Like!

If all you do is focus on debt then all you will manifest in your life is debt, the more you worry and talk to your family about it the more energy you give out so the more bad energy you get back!

You should start to focus on prosperity, the house you would like to live in, the car you want to drive, the clothes you would like to wear, the vacations you want to go on, in general the lifestyle you really desire.

The techniques I outline work for making more money, getting the material riches of your dreams and finding the partner of your dreams.

Once have started this process you will soon see changes for the better... you should always focus on the good and you will attract more good things, this works for anything you want your life to be like, imagine what your dream life would be like and totally 100% focus on it.

It is vitally important to recognise and I will go over and over this as I don't want you to go back to any form of negative thinking... whatever you focus on the most will start happening in your life.

If you focus on debt... you will get more!

If you focus on how bad your relationship is... it will get worse!

If you focus on bad health... you will get more bad health!

If you focus on illness... you will get more illness!

Sounds simple really but millions of people worldwide are focused on exactly what they don't want... how many times have you hear someone you know say...

"I don't want debt"

"I don't want to feel ill"

What they should be saying is...

"I want to be wealthy" and focusing on wealth

"I want to be well" and focusing on good health

Here's something for you to try...

Relax close your eyes for 5 minutes and say to your self “I feel great” and visualise your self doing something you love while repeating the phrase in your mind over and over again.

After a quick 5 minutes of doing this open your eyes and see how you feel at this point... I think you'll feel a lot better; this is the power of the mind.

Mind controls your whole body... wellness and illness can be produced by thought patterns good or bad.

Be grateful for what you have, you may have money worries but there are millions of people in the world who have a lot less than you, some people live in squalor, others are all alone and no one to help them, so you must be grateful for the life you are leading today, the more you feel this way the more your life will start changing for the better!

I may re-iterate on these points throughout this book as it is extremely important that you grasp this way of thinking as if you start thinking the right way things will start changing if not this will jeopardise your success.

We can ALL have what we want; it's just a matter of taking the right action steps to make it happen...

The Psychology of Success

Before we go any further you **MUST** have the right attitude to making money... what I mean by this is... don't let others tell you that this CANNOT be done, I am making money right now and every morning I open my accounts to find money being deposited while I sleep.

I and many of my friends who run the same type of business as me are making money hand over fist... all the while we laugh at the news where so called "experts" are telling us the world is in turmoil.

These so called experts have put the economy in this situation and now are trying to convince the world's population that they are the ones that have caused it by not spending one minute or over spending the next...

These idiots make me laugh, most of them couldn't run a business if their life depended on it never mind a country, allegations of corruption in many governments simply show that the world is driven by greed to make more and more money.

The good news is you don't have to listen to the naysayer no longer, imagine being able to live the lifestyle of your dreams, no more getting up at the crack of dawn to go into work to make the boss richer.

You should be able to start living life on your own terms!

You must have a goal even if it's only that you want to make an extra few hundred bucks a month to help out with the bills or buy the new car it doesn't matter but you must have a goal.

I know that many of you are saying, "Within a global recession how can I set any goals for a better life?"

Recessions are NEVER permanent.

The economy will improve, the economy will get better.

History has proved this many, many times.

I challenge you right now, as you read these words to take the plunge, to make the decision right now, **TO GO FOR YOUR GOAL!**

Going for your goal can and will change your life.

Because success is always more difficult than mediocrity but the rewards are HUGE!

Anyone can FAIL!

Do you know any failures, I'm sure you do, I do... although nowadays I try to keep away from the moaners and shirkers who make ever excuse why they fail and will make sure you fail if you listen to them...

You CAN Succeed

Get out a pen and paper RIGHT NOW!

Write down an action item list and what will you need to do to reach your goal, this is important...right down all of the following:

Your goal - Write it down and look at it everyday. Take pictures out of magazines if you have to familiarize your self with what you require when your goals are achieved.

Read it aloud and visualize yourself as already reaching it. Play this visualization back in your mind every morning and night as you go to sleep. Create the movie of the life you desire in your mind, picture your life after reaching your goal.

Set a deadline for your goal to be achieved

Make a list of steps you must take to reach your goal.

Make a list of people who can help you.

Keep track of what is working and what is failing...remembering you will learn from your failures.

Don't ever see them as failures; see them as a learning curve.

Remember at the start of this book I quoted Napoleon Hill and here is the quote again to refresh your memory

“Most Great People Have Attained There Greatest Success Just One Step Beyond Their Greatest Failure!”

There are hundreds if not thousands of creative geniuses out in the world who have produced and created wonderful things, many of these overnight successes failed tens of times, if not hundreds of times before they succeeded.

Thomas Edison failed 10,000 times before he invented the light bulb especially designed for home use, if he had given up after the first few times, we would still all be in the dark.

Find a mentor, preferably someone who has attained the goals you aspire too and completely model yourself on that person, discover how they made it and the mindset they have to acquire the success they now have.

Don't tell everyone about your goals as many will discourage you, as they see you as you are now, not someone who is rich and successful.

You should be focusing on your goal every day and visualizing your ideal life every morning before you rise and every night before you go to sleep.

The most important decision of your life is to start trying to achieve your goals right now, stop putting it off get going today and just take the action required.

"You can do, be and have practically anything you want in life IF you will just stop procrastinating and DO what it takes to get where you want to go!"

How many times you have heard...

"Money is Evil and Rich people are BAD!"

Nothing can be further from the truth and all this does is become harmful to your wealth thoughts and self esteem.

This is usually said by poor people who don't know the freedom that wealth can give you, if you feel as though too much money would make your life unhappy then make lots of it and give it to a charity and watch how happy it makes those people.

Bill Gates, at the time of writing was worth \$40 billion and is giving most of his fortune away in his own foundation, now the moaners say he is too rich, what do you think the benefactors of the foundation think?

It's all a state of mind!

I don't know about you... I have never met a millionaire who would swap being wealthy for being broke.

Believe me I have been both rich and poor and I know in my own life being rich beats being poor hands down any day of the week.

Many people in the world are programmed during childhood with beliefs that are completely negative about money and some are even told that money is the root of all evil; this belief becomes deep rooted within the subconscious.

When these people get older and decide they would like to be rich after seeing all the wealth there is in the world they very quickly hit a brick wall.

If you really believe at this moment in time that money is not a good thing and rich people must have done something bad to get their wealth you must start changing your beliefs or you will NEVER get the riches and success you may want.

Whatever you REALLY believe manifests in your life, so if you believe that money is evil your subconscious will make sure you make the decisions to be poor for the rest of your life!

Look carefully at what you are doing in your daily life, the people you talk to, are they positive or negative about money?

Do the TV programmes you watch talk about negative situations, did you know all this information you are constantly bombarded with is entering your subconscious and manifesting itself as either a positive or negative influence upon your life.

Have you ever noticed that if a person is ill and they focus on the illness all that happens is they become more ill, where the person who is ill that focuses on the positive become better quicker.

Your mind is being programmed 24 hours a day, 7 days a week, 365 days of the year, just like a computer... Everything you watch and listen too goes right in your subconscious mind and is programming you at some level.

Here's what I personally do... I watch TV programmes about millionaires and the mindset they use. I research millionaires and what type of business they are in and the marketing techniques they employ.

I also make short videos of the ideal lifestyle I want to lead including the Cars I want, the house I want, the vacations, everything included in my dream lifestyle. I watch this video every morning and night to make sure my subconscious mind is filled with great thoughts!

Here's an exercise to get you started thinking along the right lines, write down all the things you want.

Once in a morning, once in an afternoon and once before you go to sleep at night for around 10 minutes close your eyes and really focus on the list of your desires, see the car of your dreams, see the house you want, see the exotic locations of the vacations you want to go on.

At this stage make sure no other thoughts come into your mind, this will be tough at first as the mind tends to wander into other thoughts.

This technique is very important to train your mind to see the positive side and get the belief you need to start making a positive change in your life.

The Power Of The Mind

The Loser!

I'm going to give you some TRUE examples of just the people I know that have good and bad experiences brought on from the technique I described above, now I'm sure you'll know people who use the technique and have had success or a bad experience.

Most people won't tell you that they use this technique because 95% of people don't even know they are doing it and the 5% who do know find success, good health and happiness.

I knew a person who feigned illness all through his life so they didn't have to work or do anything manually, they were constantly at the doctors complaining of some type of illness and the doctors were baffled.

They had blood tests, scans and all types of medication and the doctors still couldn't find anything wrong with them, every time I spoke to this person they spoke about illness, constantly droning on about how ill they were, little did they know or bother to find out LIKE Attracts LIKE... whatever the mind is focusing on will come to pass in your life!

The illnesses went on for quite a few years until a friend of mine got a phone call from the hospital saying this person had been rushed in with a serious condition that could mean life or death.

This is how powerful the mind can be, see it is the same as thinking good thoughts; the thoughts don't materialise overnight, a few years went by and then the illness came about, the exact thing the person had been focusing on!

You see although the mind is extremely powerful it can't determine what you don't want only what you focus on, in the case of the person above they didn't want to be ill but it was all they focused their attention on.

The Winner!

As above this is a true account of someone's life so the names of the people involved have been changed to protect their privacy

This is an account of one of my UK friends; we will call him John for the benefit of this book, John had become a very close buddy of mine over a number of years.

We regularly went to our local bar for drinks and a chat. In the UK the lottery had started a couple of years previously and my buddy John had been playing without much "luck".

One day he phoned and asked if I would like to go to our local bar for a drink and a chat, which we did.

After a couple of drinks he blurted out...

"I'm going to win the lottery!"

I looked at him in amazement; I never thought John was this crazy...

"How do you know" I said to him...

"I will tell you when I win it" he said

We left the bar and I thought no more of it.

Over the next 3 years all John talked about was the lifestyle he was going to lead when he won his money, the stuff he was going to get for his mum and his family, the cars he was going to buy, the type of house he wanted in every detail.

This got to the point his friends didn't want to have anything to do with us, when we walked in the bar our friends usually made some lame excuse and left.

Most of our friends were saying John had "lost it" and keeping a wide berth from him, this didn't bother him at all, all he kept saying to me was how things were going to be so different when he had got his money.

This talking and dreaming of the luxury lifestyle for himself had gone on for over 3 years at this point, he had begun to totally believe in what his future would be like, it was like he was brainwashing himself!

One day he walked into the bar and told me he had got a new job and was going to work away so I would not see him during the week although he would be back for weekends for our weekly night out.

A few weeks went by and John had been coming home every weekend for our weekly drink and chat that now totally consisted of his future luxury life.

Here was a 43 year old “mentally stable” regular joe who made around £400 a week talking like a multi-millionaire, you could see our remaining friends rolling their eyes as John started off again... many of our friends muttering about him being a dreamer and some words I couldn't put in this book!

Our night came to an end and we said our farewells saying we would meet up again next Friday and both went our separate ways.

The Wednesday after that Friday night I got in the house quite late, my girlfriend had got a take away and a bottle of wine so we sat down to watch the lottery with our tickets in our hand.

The numbers came on the screen and I looked at our tickets then screwed them up, not one single number!

We settled down for the night in front of the TV and the conversation started about John...

My girlfriend said... “Johns still not talking about winning the lottery is he?”

“Yes” I retorted trying to think how I could steer the conversation on to something else as I knew she thought he was crazy!

After a few more drinks and trying to defend John we went to bed... it was about midnight at this time.

At 1 am the phone rang and my girlfriend went down the stairs to answer it as she thought it may have been her 18 year old son but then I heard her say...

“What on earth do you want at this hour... you're crazy?”

I laid there thinking it must have been some crank call when she walked in the room and said John was on the phone wanting to talk to me urgently.

My immediate thought was something awful had happened to him so I rushed down the stairs.

I grabbed the phone and immediately before John could say anything started shouting “Are you ok?”... “What's the matter?”

He started shouting down the phone "I've won... I've won!"

"Won what" I said

"The lottery"... John said!

I couldn't believe it and thought he was joking...

It was no joke he told me he had won a shared jackpot of £15 million and then told me all he had been saying over the last 3 years is now going to come true he then stayed on the phone for two hours talking like a multi-millionaire, which of course he now was!

When he came home he started to implement all the plans he had visualised for the last few years in his mind into place.

He bought a £500,000 house, a top of the range brand new Lexus and all the usual trappings of success including a villa abroad!

Even though this is all true, the moral is that John never gave up on his dreams even when all the people surrounding him thought he was a joke, the very same people who wanted to be his best friend once he became a multi-millionaire.

He gave the most powerful thing we all possess "YOUR OWN MIND" a chance to come up with the solution to his visualisation.

It took quite a while for it to work but the dreams he had were very big for someone who was just a regular guy.

The problem most people face is they cannot wait for 24 hours for the good things to come let alone years, although if you look at most people lives who are not positive thinkers they still will be living the same life if not worse in 12 months from now!

Has your life changed in the last 12 months for the better?

Are you still in the same house?

Do you still have the same worries?

Do you still have the same debt if not more!?

If you are in the same position if not worse than you were 12 months ago then start right now to change the way you think and act and don't listen to the failures and also-rans in life that may call you a dreamer or a loser.

Not many millionaires will call you a dreamer because they know that wealth is first created in the mind.

The mind is the most powerful piece of equipment you have at your disposal, the way you think penetrates the subconscious and this will in turn give you the life you desire.

Take one step at a time and start controlling your thoughts into what you really want in your life... not what you don't want.

The law of attraction will make sure you get the things you think about and visualise the most...

As I mentioned earlier if you think like the 95% of the world such thought as...

I don't want to be in debt

I don't want to be ill

I don't want my life to go wrong

All you will get is more of what you don't want...

Start today and think the right way and visualise the life you desire and you will start to see changes within your life.

Be patient it will not happen overnight.

Don't be lazy either!

Although I gave you the example of the lottery winner it doesn't always mean you will win the lottery, you will get inspired thought, it maybe you write a book like me or start your own business or have some idea for an invention.

The law of attraction will make sure the life you want you will get but always remember it may not come from the path you might think, trust in it and it will manifest the right path for you... we will be looking a little deeper into the Law of attraction in the next chapter.

Always be on the lookout for opportunities and you will see more and more of them come to you

The next subject is closely tied in with this chapter and is one of the secrets of getting everything you want in life, this has worked for me, my friends, business associates and anyone else who uses it in a positive way

The Law Of Attraction

If there is a secret in the universe that can bring you good things, it is the Law of Attraction. This can bring you happiness, wealth, and physical well-being. All you have to know is how to apply it. A few basic concepts of the Law of Attraction can help you on your way.

One of the concepts central to the Law of Attraction is the things you think of most often can become reality. The things you think are energy, just as the entire universe is energy.

As you ponder your reality, or simply let thoughts run through your mind, you are shaping reality. You do this by the means of the Law of Attraction. The energy you send out collects as energy and the universe responds to your feelings by returning the energy back to you. This happens for good or bad feelings.

Another basic concept is that it is too difficult to monitor every one of some 60,000 thoughts you have every day. The goal, instead, should be to foster a feeling of happiness, gratitude, and well-being. This will go further than trying to change every thought individually because feelings are important to the Law of Attraction.

Many users assumption of the Law of Attraction is that life is meant to be joyous and fulfilling. If you feel that your life can be no more than difficult work situations, unhappy relationships, poor health, and a mountain of debt then that is exactly what you will receive. Unless you change your attitude, you will never know the abundance you can get through the Law of Attraction.

There can never be a lack of anything that you want if you follow through with the Law of Attraction and start using it

This is another concept of the movement. It means that there is enough for everyone to have what they want.

This is especially true because some people want certain things and other people want something completely different and with the Law of Attraction, what you want is always possible.

One concept of the Law of Attraction can be stated as something like, "what you get is what you see." What this means is that when you see a result, you will vibrate with energy based on that result. If you see good things, you will send out good energy.

This energy will return to you in the form of more positive results. So, if you want positive results, you need to find a way to see the good in situations. This is how the Law of Attraction works.

If you see good, more good will return to you. The concept of asking for particular things is a part of the Law of Attraction. When you command the universe to give you what you want, you can get it.

To do this, you must believe in it. Then, you must accept it as if you had already got it. You will start to find the Law of Attraction bringing all kinds of good things your way.

The Law of Attraction is at once both simple and complex. You must only ask and receive. Yet, to do that in confidence, you must work to restructure your whole way of thinking. To do this it is good to study the concepts of the Law of Attraction.

Famous Law of Attraction Personalities

According to the Law of Attraction, all things are possible to those who can believe and visualize them. Different speakers and writers have slightly different takes on the basic principles of the Law of Attraction.

One Law of Attraction speaker and teacher is Jack Canfield. Most people know of his Chicken Soup for the Soul, etc. books. He has also been teaching success strategies to people and businesses for three decades.

If you listen to Mr Canfield, you will accept that your thinking, feelings, and actions will work together to make your life what it is.

This will happen if you are in a good state of being or a bad one. You get what you put out there. That's the Law of Attraction.

Before it was ever thought about in the way it is now, it was referred to by great leaders for centuries. There is an abundance of people willing to speak of it now. So, it is certain that the concept will live on for generations to come.

Gratitude and the Law of Attraction

When the Law of Attraction starts working you will surely be grateful for all that you receive as a result of practicing it. Life will be easier and more abundant. However, you actually need to start out with a feeling of gratitude before you can expect good things to come.

This is what the Law of Attraction is about when you believe fantastic things are already happening for you, you will be grateful so it is vitally important to believe.

Furthermore, being grateful for something you believe is happening sends out positive vibrations into the universe. This brings the good things to you by way of the Law of Attraction.

Without even thinking of the future, you can use the Law of Attraction to draw the positive things to you. If you are thankful for the things in your life, you will be focused in on the good energy inherent in your grateful mind.

The Law of Attraction is evident in the way being grateful brings you more to be grateful for. Think of the way things snowball, both the good and the bad. You might wake up in a bad mood because you resent a noisy neighbour for keeping you up late. If you let that bad mood win out, more negative things will continue to happen to you all day long.

If, however, you brush off the bad feelings and replace them with gratitude you will be surprised at how much better your day will go. Use the Law of Attraction to help you along. You may be thankful that you woke up beside your loving spouse, or you might be grateful that you have a job to go to.

So, the Law of Attraction works on a system of gratitude and reward. You need a way to remind yourself to always be grateful for the good things in your life. Some people set aside a certain time each day to list the things they're thankful for. They might compile them in a journal and look over them all from time to time.

The Law of Attraction is built on good habits. You can carry some sort of talisman. It can be anything from a rock to a coin. It can be anything you will handle daily. Some people put these items in their pockets and some put them on a string around their necks.

The idea is that every time you touch it, you feel gratitude. If at all possible, you express that gratitude to others. Your mind will become geared towards thinking in terms of what you are thankful for and this will allow the Law of Attraction to do its work.

Your mind controls who and what you are. According to the Law of Attraction, it can also change what you have. This may be material possessions, relationships, or health.

If you are in a mindset of gratitude, you are in a position to make the Law of Attraction bring to you all that you desire.

How to Practice the Laws of Attraction

Imagine that you had all the money you could ever want. You had great relationships and perfect health. Imagine you spent your life in peace and joy. If you practice the Laws of Attraction on a continual basis, these things can come true for you.

The first thing you must do to practice the Laws of Attraction is to embrace a feeling of gratitude. Be thankful for everything that you have. Focusing on the good things in your life will help you key in on positive feelings.

Positive feelings will translate into a positive energy. When you send out this kind of positive energy, you will see good things come back to you in return.

Another thing to do in practicing the Laws of Attraction is to become aware of what kind of thoughts you are having. Most people go through the day with thoughts flitting in and out of their heads and they pay them little heed

If you are aware of the Laws of Attraction, you can monitor your thoughts to a certain degree. You can get a feel for just what direction your thoughts are going and how they could be leading you towards a negative situation? If so, it's time to use the Laws of Attraction to change it.

Figure out exactly what you want. Don't limit yourself to easy things to get, either. The universe gives out no different effort to give you a little thing than it does to give you something that is fantastic. So, go for your dreams. The Laws of Attraction can supply them.

Maybe you don't really know what you want. You've been told for so long that you can't have it that you've stopped wanting it. It's time to do some soul searching and really find out what you could get through the Laws of Attraction that would please you.

Look through catalogs, go to showroom floors and model houses, you may get some ideas. Once you become excited about something, your positive energy will become all the more powerful through the Laws of Attraction.

Once you know what you want, it's simple. Just ask for it. Say it, write it, and believe in it.

Think of it as if it has already happened. Imagine that it has, using the Laws of Attraction. Don't do this in a whimsical, "gee wouldn't it be swell" way, but actually close your eyes and visualize it.

Don't expect to know the method by which your dreams will come true. The Laws of Attraction don't work that way. You just need to trust that a good thing will happen, and leave the "how" up to the universe.

This can change your life and it takes a certain mindset to work with the Laws of Attraction, but it is not hard to master. It just takes some time, patience, and most of all, a lot of faith.

Problems People Have with the Laws of Attraction

The Law of Attraction seems so easy for some while others try and have no success and they wonder why this is. There are some very good reasons why people have problems using the Laws of Attraction.

The most obvious answer to the question of why it isn't working is that you might be expecting to instantaneously have what you ask for. You have to realize that you are simply sending out positive energy surrounding a subject.

You must trust The Law of Attraction to send it back to you in its time.

When trying to use the Law of Attraction, you may find that you are always tapping your foot and asking when it's going to happen for you. If you do, it may mean that you are not really coming into it believing in anything. You are just testing the waters and not willing to commit to anything.

You might also be expecting the answer to your demands to come by a certain method.

For example, you might ask for money. You are hoping someone will just give it to you.

This may be your idea of the Law of Attraction. However, if you are alert to the universe around you, you may come across another means.

An idea might come to you that would bring you the money you desire. It might involve some work, but the end result would be the same. If your energy is positive, you will look upon this circumstance with gratitude and joy and this can only multiply the good in your life.

Another mistake people make in using the Law of Attraction is to put too much emphasis on the evidence they see. When they see things that seem to prove that the Law of Attraction is not working, they quit believing. They get frustrated and become a mass of negative vibrations and this brings more of the same.

The truth is that if they really understand the Law of Attraction and the science behind it, external evidence will have little effect on them. This is because they will have total belief and trust that the Law of Attraction has been working all along. What is happening in the beginning is only a manifestation of earlier bad energy.

Their new positive, focused thoughts, without doubt, will come to fruition in the future. This is the outlook of a person who has mastered the use of the Law of Attraction. That person will believe in the outcome because he/she believes in the process.

A person might also have problems fully using the Law of Attraction because their past outlook has been so limited. They have strong emotions about things they consider too hard to conquer or too much or too big to have.

When these emotions come up, it changes the energy you are sending out. Lecturers and writers of the Law of Attraction have developed ways to release such emotions.

These methods allow the person to fully use the Law of Attraction.

If you properly use the Law of Attraction, you will have what you want. It is and isn't easy. You only need to change the way you think and feel about things. If you can come to understand the Law of Attraction fully, you can make it work for you.

The Laws of Attraction and Finances

What if you didn't have to live payday to payday?

What if you had all the money you wanted instead of overwhelming debt?

Maybe that sounds too good to be true. However, the Laws of Attraction can change your financial outlook forever.

One part of the Laws of Attraction is that you get things according to the energy you put out into the world and the universe will respond to it and send it back.

For example, one person might go to the mailbox and say, "I hope I don't get too many bills today"

Another person might say, "I wonder who's sending me money today."

Who do you think will have a better mail day, on average?

The Laws of Attraction say that the person who sends out the negative energy of worry and fear will get more to worry about and fear in return. The person who is positive will get things to be joyful about and in this case, he/she has a greater likelihood to actually get money in the mail.

Money itself may be one of the more difficult things to get through the Laws of Attraction.

This is not because the Laws of Attraction don't work as well. It's just because it's hard to be passionate about money itself. It is easier to get excited about the things money buys.

The Laws of Attraction work hundreds of times better if you are very passionate about something. This translates into a high level of positive energy, or vibration, that you are emitting into the universe. It works to make things happen quickly. If you can get that excited about money itself, then the Laws of Attraction can bring you the money you desire.

More likely, the things you will be the most enthusiastic about will not be little green slips of paper. They will be vacations, houses, cars, maybe even aeroplanes. These things will excite you if you allow yourself to dream about them and the Laws of Attraction can help you to get them.

If you want to use the Laws of Attraction, one way to intensify your desires is to find some visual way to make them real. Take pictures of the things you want and post them around your house where you will see them most often. The Laws of Attraction will bring you more of the energy you send out, make sure the images in your home are conducive to a positive outlook.

Only when you are clear about exactly what you want can the Laws of Attraction work for you. Sometimes, you can't actually take a picture. Sometimes it is easier to go through magazines and find pictures and descriptions of what it is you want. Cut them out and hang them up and the more, the better. The Laws of Attraction in the universe will respond to your desires.

You can seek out your dreams by going on home tours and test driving cars, whatever you can do to put yourself in contact with the reality of your dreams help. It makes the Laws of Attraction work for you. People say that money doesn't buy happiness. It's true that money alone can't make you happy. However, if you use the Laws of Attraction to improve your financial situation, that can only be a good thing.

Dress for Success

Appearance is the key factor in attracting others to you. Shallow, but true. The first impression anyone will ever make about you is based upon your appearance, and your appearance is determined in large by the type of clothing that you wear. Your clothing should give the impression both of who you are and who you want to be.

The most important part of using your appearance to create a positive first impression is to appear clean and neat, particularly in business, how many wealthy business people do you see dressed in scruffy attire!

No one is attracted to a slob; a lack of attention to ones self is often indicative to a general apathy with regards to other people and life in general.

Your clothes should be clean, neat and properly fit in order to present the image of yourself as someone who cares about themselves and their belongings-and by default, the people that are around them (after all, you can care about yourself and not care about those around you, but it is very rare to care about those around you and not care a bit about yourself.)

This should by no means be taken to mean that you have to spend a small fortune on a wardrobe or take three hours getting dressed in the morning in order to ensure that you have the appearance of a runway model every time that you leave your home.

If you are unsure about how to take your own taste in clothes and use it to maximize your appearance there are a wide assortment of resources at your disposal.

Sales clerks, particularly of retail establishments that only deal in clothing, are trained to have a good eye for the size, color and style that will do the most to enhance their customer's appearance.

Most people do not truly know what looks good on them, and what seems appealing in the store dressing room often loses its appeal when it is placed in ordinary circumstances.

If a customer is not happy with the way that their clothing makes them appear they are likely to blame the store (after all, it could not possibly be their own fault) which will cost the store business. On the other hand, if the sales clerk is able to steer a customer towards the perfect ensemble they will bring their business back.

There is never a second chance to make a first impression, and if that first impression is a negative one you are likely to have a great deal of difficulty in making the business deals go your way.

You may think "What has this got to do with business?"

Well I will tell you this straight... no one will take you seriously if you turn up to a business meeting dressed in jeans and sneakers, you gain respect when you look the part, now if you enjoy wearing jeans and sneakers all well and good, once you've made your first million wear them all you like... I'll let you.

The other thing is how good you feel when you are dressed up; I obviously don't know how you feel but I feel like making a million dollars if I'm dressed like a million dollars, anything to give you the edge must be taken...

Conclusion

I have given you the techniques with in this book for you to able to change your life starting right this minute but you must take action.

Don't just sit on your butt and think it's just going to happen, take control of your life and motivate yourself to become a shining success.

I'm not just talking about money here, start thinking the right way and the life you desire will come, everything you want you can have just by altering the way you think, focus and act.

"The most important thing I've learned about what it takes to be successful is that you can't give up ever... Success has a way of waiting until 99.9% of the people who were looking for it give up in frustration before it decides to show up at your feet.

Never Give Up... YOU CAN Succeed!

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